



ISSUE: 16 (June, 2022)

Junior Staff Promotion Examination



The Cocoa Research Institute of Nigeria (CRIN) organised promotion examination on May 24, 2022 for the staff in the junior cadre. The exercise was conducted simultaneously at the six substations of the Institute. This was in keeping with the avowed promise of the Executive Director (ED), Dr. Patrick Adebola, to put smiles on the faces of all cadre of staff even after conducting similar examination for the senior staff cadre barely six months ago.



Cross section of the staff at the exam venue

Structural Transformations in CRIN

The Institute is witnessing radical structural transformations; kudos to the visionary Executive Director, Dr. Patrick Adebola. This development is a sharp departure from the decrepit structures that dotted the landscape of the Institute. The ED is literally squeezing water out of the rocks in the face of the financial quagmire bedevilling our country.



New look of CRIN Account Department



New look of CRIN Administrative Block

Cocoa GAP Handbook Flagged Off

The Cocoa Farmers Association of Nigeria (CFAN), during the flag off of the free distribution of the Cocoa Good Agricultural Practices (GAP) Handbook to cocoa farmers in Ogun State held at Idayat Hall, Ijebu-Ode on 16 May, 2022, desires to increase the country's cocoa production by 80%.





The President of the Association, Comrade Adeola Adegoke, dropped the hint during his opening speech. He stated that "the launching of the free distribution of Cocoa GAP Handbook across the entire cocoa producing states and Ogun State today will mark Nigeria path to sustainable cocoa production and good agronomic practices in the cocoa supply chain ahead of other cocoa producing countries like Côte d'Ivoire, Ghana and Indonesia. Our focus is to become the highest sustainable cocoa producing country in the world in the year 2027 with 80 per cent organic cocoa production bean".

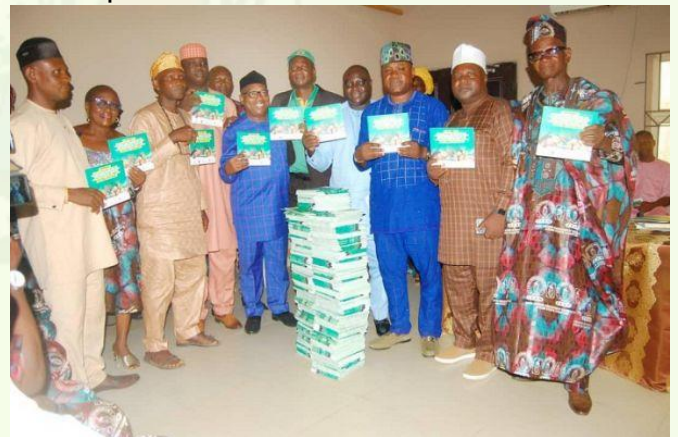
"We intend to partner with our value chain stakeholders to increase our locally processed beans and value addition before export from the current 10 to 50 per cent, in order to generate more employment opportunities, more foreign exchange earnings, improved living income of our cocoa farmers via the collection of better pricing, and sustainable improved infrastructure around the cocoa communities."



The ED CRIN, Dr. Patrick Adebola, appreciated CFAN for partnering with the Institute to achieve this noble feat of making the free books available to cocoa farmers.

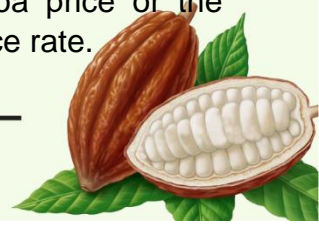
The Institute is well noted for capacity building and strengthening of cocoa farmers through constant training on available best practices. The ED opined that the Cocoa GAP Handbook will further assist farmers in the production of safe and sustainable cocoa.

CFAN President noted that the Association, in partnership with the Cocoa Research Institute of Nigeria (CRIN), Harvestfield Industries Limited, EBAFOSA, Federal Ministry of Agriculture and Rural Development, Federal Ministry of Industry, Trade and Investment, Cocoa producing State Governments and other stakeholders, are working towards the protection of human rights, remediation and conserving our environment in cocoa communities and plantations. This is in response to the EU due diligence framework on child labour eradication and deforestation free cocoa beans production.



Display of the handbook by the partners

CFAN and other value chain partners are currently committed to support a sustainable living income of our smallholder cocoa farmers through the collection of \$400 Living Income Differential (LID). Nigeria is regarded to be losing over #60 billion annually for our non-collection of this LID by our cocoa farmers above the floor cocoa price or the International selling cocoa price rate.





OWSD Pays CRIN A Courtesy Visit

The Organization for Women in Science for the Developing World (OWSD) paid a courtesy visit to the Institute on May 24, 2022. The organization, ably led by the Ibadan Branch Coordinator, Prof. Funmilola Ajani, was warmly received by our amiable Executive Director, Dr. Adebola Patrick, in the company of the Director Training, Dr. S.O. Agbeniyi, Director of Farming Systems Research (FSR), Dr. A.O. Famaye, and other female scientists in the tastefully furnished and expansive Conference Hall of the Institute. In her presentation, Prof. Ajani intimated the gathering on the various levels of joining the organization, past programs held by OWSD, Institutional coverage of membership in Ibadan and areas of collaboration. The Coordinator, while soliciting for funding from the Institute for their programs, recognised CRIN as one of the important stakeholders in OWSD as the new Vice Coordinator, Ibadan Branch of the Organization, Dr. Folusho Agulanna, emerged from the Institute. Dr. Yetunde Oladokun was appointed as the CRIN representative of OWSD. In his reaction, Dr. Adebola promised to collaborate with OWSD in her research drives and to contribute his mite to the organization; he taxed the new CRIN representative to sensitise other female scientists to join OWSD. The organization presented souvenirs to the Executive Director, Directors of Planning, Training and FSR.



Cross section of the OWSD members

Virement: A Consequential Rule

The Acting Head, Internal Audit of CRIN, Mr.



E.O. Kuforiji gave a lowdown on the topical issue; virement. According to him, once budget has been prepared and approved, spending is expected to be in

accordance with approved expenditure heads. Transfer of a surplus from one budget expenditure head to cover a deficit in another budget expenditure head or offsetting overspending in one account with underspending from another account is what is termed virement. It results in budget reallocation.

Virement is a common pitfall in Financial Regulations. This is because estimates computed for which appropriation was made may not often be accurate for most budget expenditure heads. Cost fluctuations arising from time lag between budget preparation, budget approval and eventual budget execution plus other unforeseen contingencies are most times responsible for this. It then becomes a concern how to satisfy every project surfing between account heads for holistic budget performance.

Stressing further, he averred that while virement is recognized as a form of finance control in budget, it is worthy to note however, that Financial Regulations are not meant to transform officers in the civil service into robots. As a result, there is an ample scope to make judgments and apply initiatives in the application of rules and procedures as long as these are legitimate and defensible.

In content and in context, virement as a rule is clear and consequential. The windows of virement warrants as appropriate are available as authorities to effect fund





transfer where these are considered expedient to achieve effectiveness and efficiency in execution of government approved projects. For recurrent expenditure and capital expenditure, virement warrant and development fund virement warrants, respectively, are authorities that can be sought in these regards.

Concluding, he advocated that in the ongoing financial management reforms by government, budget reallocation should be made more flexible to allow for overall value maximization within government economic entities.

ARCN News

ES Had Mediation Meeting With Union Executives From NIFOR

The Executive Secretary (ES) of the Agricultural Research Council of Nigeria (ARCN), Prof. Garba Hamidu Sharubutu mni held a mediation meeting with the Union Executives of the Nigerian Institute for Oil Palm Research (NIFOR) Benin City on May 5, 2022. In his characteristic manner of ensuring that there is peaceful coexistence, unity and progress between and amongst staff members in all our National Agricultural Research Systems (NARIS), the ES invited Union Executives of Non-Academic Staff Union of Educational and Associated Institutions (NASU) and Senior Staff Association of Universities, Teaching Hospitals, Research Institutes and Associated Institutions (SSAUTHRIAI) of NIFOR. The ES remarked that he considered the meeting to be very important especially as the Permanent Secretary is interested in fostering peace and harmony in all our NARIS and Federal Colleges of Agriculture (FCAs) as he wants to leave a legacy of

peaceful coexistence. At the end of the deliberations, there was mutual agreement in ensuring there is continual reign of peace in the Institution. The ES appreciated the union leaders for their patience and desire, and stated that his team did not come with a demand but an appeal.



The ES and the Union Executives

Year 2022 Expression of Interest / Tender Opening Held in ARCN



The year 2022 expression of interest /tender opening exercise was held





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on May 18, 2022. The Executive Secretary (ES) of ARCN, Prof. Garba Hamidu Sharubutu mni, deeply appreciated all those present especially the Non-Governmental Organisations (NGOs) as they represent a group that makes sure there is stability in the country. The ES, in his words, opined that the NGOs have never disappointed them and they too have not in like manner and that is why they are comfortable working with them. The ES, however, expressed his reservation over the low funding of his organization despite the enormous competition for needs. Despite the paucity of funds, he expressed delight in their modest achievement. In his brief remarks, the Head of Procurement, Mr Musa Garba presented the analysis of the exercise and noted that unlike in some Ministry, Department and Agencies (MDAs) that would go to Bureau of Public Procurement (BPP) for selective tender, the ES insisted that it must be thrown open for competitive bidding.



Cross Section of participants during the Exercise

(Report by Kayode I. Aiyedogbon, Head, Protocol and Publicity)

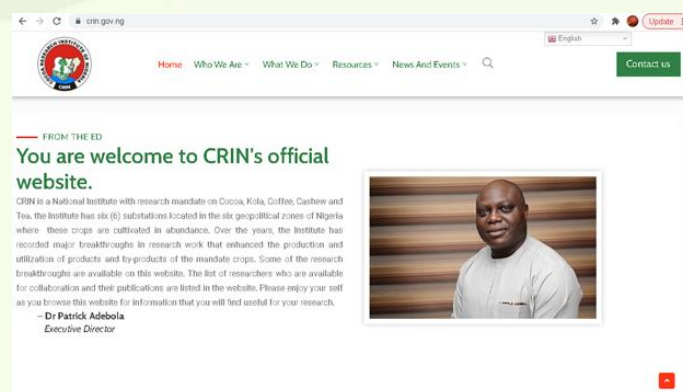
Dichotomy of CRIN Websites



There are two faces of CRIN website making rounds on the Internet. The Universal Resource Locator (URL) of one is www.crin-ng.org while the other is www.crin.gov.ng. While the former URL was hijacked by an online hacker, the latter is the only authentic URL of the Institute.



The hijacked URL: www.crin-ng.org



The authentic URL: www.crin.gov.ng

Please, let us regularly visit the above authentic website of CRIN to get updated on the activities of the Institute.



Health News

Stress Management – Mrs. Bosede Famaye



Stress describes a person's physical or emotional response to the demands or pressures of daily life. It is also a normal reaction the body has when changes occur resulting in physical, emotional and

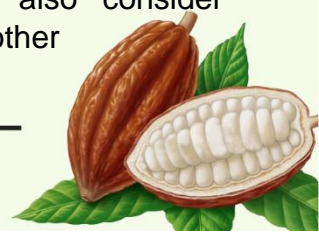
intellectual responses. Stress responses help your body adjust to new situations. Stress can be positive (eustress) keeping us alert, motivated and ready to avoid danger, for example, working harder by staying awake in exam periods, but stress becomes a problem when stressors continue without relief or periods of relaxation.

As averred by Mrs. Bosede Famaye, Head, CRIN Health Services Division, when you encounter sudden stress, your brain floods your body with chemicals and hormones such as adrenaline and cortisol. These hormones get one's heart beating faster and sends blood to muscles and important organs making one feel energized so one can have heightened awareness so as to focus on the immediate needs. Some types of stress are: Physical, Psychological, Phycosocial and Psychospiritual. Some causes of stress are: Financial problems, Pressures at work, Family responsibilities, Health concerns; Emotional problems such as depression, anxiety, anger, grief, low self-esteem, Prolonged divorce proceedings, Traumatic event, Abusive relationships, Parenting and Unhappy marriage.

According to the health expert, physical symptoms of stress include: Aches and pains,

Chest pain or a feeling like your heart is racing, Exhaustion or fatigue, Insomnia and other sleep problems, Headaches, dizziness or shaking, Digestive problems, High blood pressure, Muscle tension or jaw clenching, Trouble having sex or lower sex drive, Weak immune system, Eating too much or too little. Stressing further, she stated that stress can lead to emotional and mental Symptoms like; Anxiety or irritability, Depression, Panic attacks and Sadness. According to her, often, people with chronic stress try to manage it with unhealthy behaviours, including: Drinking alcohol too much or too often, Gambling, Overeating or developing an eating disorder, Smoking and Using drugs.

Some strategies for stress relief prescribed by her are: Exercise such as walking, Goal setting, Relaxation activities such as meditation, breathing exercises and muscle relaxation, Taking good care of one's body by eating right, Getting enough sleep (6 to 8 hours) in the night and observing siesta as necessary, Staying positive and practicing gratitude, Accepting that you can't control everything and let go of worries about situations you cannot change, Learning to say 'no' to additional responsibilities when too busy or stressed, Staying connected with people who keep you calm, make you happy such as friends, family member or neighbours and most importantly, Staying connected to God and meditate on the word of God. She concluded by stating that Life being what it is; it's not possible to eliminate stress completely but one can learn to avoid it when possible and manage it when it's unavoidable. She advised that "If you can't manage your stress or it's accompanied by anxiety or depression, see your doctor right away. These conditions can be managed with treatment as long as you seek help. You might also consider consulting with a therapist or other mental health Professional."





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Staff of the Month: Mrs. Oyebode

Felicia Arike



Mrs. Oyebode Felicia was born on June 4, 1966 to the family of Mr Adebisi and Mrs. Adebimpe Arogundade in Ila Orangun, Osun State. She had her Elementary Education at Army Children School Ibadan, Oyo

State. She later proceeded to Aramoko District Commercial Secondary School, Aramoko, Ekiti State where she obtained her S75. Later on, she obtained her Senior Secondary Certificate through the National Examination Council (NECO). She has National Diploma in Business Administration. She joined the service of the Institute on August 1, 1998 as a Clerical Officer. She is presently a Principal Store Officer. Mrs. Oyebode is very disciplined, humble and hardworking. She is happily married with children.

June Birthday Galore

Hearty birthday celebrations to the members of staff that will be celebrating their birthdays this month. Wishing you all the very best in your life endeavours. Congratulations!



Asein Oyahire Jonathan

01-June

Ajani Patience

01-June

Ojo Sunday	01-June
Stephen Philina	01-June
Ajibola Dare	01-June
Odeyemi Busayo Opeyemi	02-June
Olaoba Folorunsho Olatunji	03-June
Oyebode Felicia Anike	04-June
Ogundare Taiwo	04-June
Mokwunye Idongesit Umanah	05-June
Ogunlana Busola	05-June
Bakare Ayodeji Ajibola	05-June
Idrisu Mohammed	06-June
Ogbechie Michael Bamidele	06-June
Areola Oluwatobi James	06-June
Adio Sunday	06-June
Bakare Motunrayo	06-June
Kayiwedo Solomon	06-June
Adekojo Sunday Adeboye	06-June
Shittu Tunji Rasaki	07-June
Obi Samuel Ikechukwu	07-June
Akano Joseph	07-June
Joseph Nuki	07-June
Otanwa John	07-June
Gold Ahmad Olaoti	08-June
Arowobusoye Julius Akinrinsola	08-June
Edim Okpokam Ozung	08-June
Kokori Paul	08-June
Adedara Iyabo Abosede	09-June
Efuniyi Muiyiwa Oladotun	09-June
Adio Adebukola	09-June
Ayebusiwa Akinsola	10-June
Salami Fatai	10-June
Alalade Kunle	10-June





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Nwachukwu Benedict	10-June	Eguavoen Lucky	22-June
Adeagbo Temitope Yewande	11-June	Ikpefua Anthony	22-June
Olayinka Segun Olugbenga	12-June	Ojo Oluseye Abioye	22-June
Omogbehin Ayo Kikelomo	12-June	Daniel Rebecca	22-June
Emiola Angela	12-June	Onifade Adesoji R.	23-June
Osim Ayang	12-June	Oaikhena Lydia Itoya	23-June
Okokuwa Idowu	12-June	Ibidapo Samuel	23-June
Alamu Risikat	12-June	Fowowe Charles Olufemi	24-June
Fasina Babatunde	12-June	Oladiipo Samuel	24-June
Taoheed Ojo	12-June	Ojo Oluwatosin	24-June
Adelusi Adejoke	13-June	Owoduylemi Opeyemi O.	26-June
Eze Joseph Nmesirionye	13-June	Onigbinde Ayodele	26-June
Kuforiji Bolanle Mercy	14-June	Ibe Osita E.	27-June
Irumekhai Florence Avenigbe	14-June	Olebara Ugonna F.	27-June
Taiwo Oluwale Samuel	14-June	Jayeade Abass E.	28-June
Onigbinde Olarewaju Oluwale	15-June	Benson Brayila Jennifer	29-June
Ogugboji Moruf Ayinla	15-June	Awofeko Beauty	29-June
Ijadunola Titilayo Felicia	15-June	Adepoju Abigail Funmilayo	30-June
Thomas Ephesian	15-June	Adeji Alaba Olaitan	30-June
Akinwale Abraham O.	15-June	Afolabi Oyawale Gbeminiyi	30-June
Abioye Adeyemi Emmanuel	16-June		
Ilori Oluwale Victor	16-June		
Balogun Rowland Olusegun	17-June		
Garba Idris Audu	17-June		
Baoku Helen Funmilayo	18-June		
Ogbugburu Nwabenu Segun	19-June		
Adebayo Joel Adekunle	19-June		
Adedeji Maryam	19-June		
Oyedotun Olugbenga	19-June		
Jimoh Abdulahi	19-June		
Olowookere Bankole	21-June		
Bakare Gbenga Taiwo	22-June		

